



KGV

sodexo
at SCHOOL

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“
MAKE YOUR VOICE HEARD
 Every voice matters
 ”

GIVE YOUR FEEDBACK TO US



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MENU MECHANISM



All our meals are **Nuts Free**



All our eggs are **Cage Free**



Discover **Locally Made** products



Savor **Low Carbon** footprint produce



Ingredients good for **Planet & Health**



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS







A Healthy and Balanced Diet Every Day!

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Sodexo Hong Kong Website



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DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood. While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

May 18 - 22

WEEKLY MENU



18/05 Monday

19/05 Tuesday

20/05 Wednesday

21/05 Thursday

22/05 Friday

SOCIAL KITCHEN | Monday: 10:30am - 1:30pm (Lunch: 11:30 - 1:30pm); Tuesday to Friday: 10:30am - 2:30pm (Lunch: 11:30am - 2:30pm)

Meal A \$41 Takeaway \$38 Dine-in 	Thai Green Curry Chicken w/ Rice 	Spaghetti Carbonara 	Beef Stroganoff w/ Pasta 	Homemade BBQ Pork w/ Rice	Tori Karaage w/ Cross Trax Fries [\$47]
Meal B \$41 Takeaway \$38 Dine-in	Tomato & Beef Casserole w/ Pasta	Stir-fried Beef w/ Bell Pepper & Leek in Black Bean Sauce, Rice	Braised Chicken & King Oyster Mushroom in Oyster Sauce w/ Rice 	Baked Fish Florentine w/ Pasta 	Braised Beef Brisket w/ Radish, Rice
Meal C \$38 Takeaway \$35 Dine-in 	(Vegan) Braised White Gourd w/ Tofu Puff & Black Fungus, Rice 	(Vegan) Aloo Gobi w/ Rice OR Pita Bread 	(Vegan) Stir-fried String Bean & Dried Tofu w/ Rice 	(Vegan) Omni-Meat Mapo Tofu w/ Rice 	(V) Aubergine Arrabbiata Pasta

BOWL | Monday to Friday: Break 10:55am - 11:15am/ Monday Lunch 12:00nn - 1:15pm; Tuesday to Friday Lunch 1:15pm - 2:15pm

Bowl \$41 	BBQ Pork Fried Rice 	Japanese Red Miso Soup U-don w/ Chicken Steak (Pre-order Available) 	Tteok Bokki 	Shanghainese Soup Noodle w/ Chicken (Pre-order Available) 	Taiwanese Braised Minced Pork & Boiled Egg w/ Rice
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LEO'S Café | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

Salad Box \$36 	Smoked Salmon Caesar 	Roasted Chicken Nicoise	(V) Potato & Apple Salad w/ Thousand Island Dressing 	Thai Beef Salad in Sweet & Chili Sauce 	(V) Japanese Cold U-don in Sesame Dressing
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PIAZZA PIZZA | Monday: 12:00pm - 1:15pm; Tuesday to Friday: 1:00pm - 2:15pm

Pizza A \$30 	Ham & Cheese 	Pepperoni & Cheese 	Bacon & Cheese 	Chicken & Mushroom 	Meat Lover
Pizza B (Vegetarian) \$30 	(V) Trio Cheese 	(V) Marinara 	(V) Margherita 	(V) Trio Cheese 	(V) Marinara



Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



May 18 - 22

WEEKLY MENU



	18/05 Monday			19/05 Tuesday			20/05 Wednesday			21/05 Thursday			22/05 Friday		
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A	Thai Green Curry Chicken w/ Rice			Spaghetti Carbonara			Beef Stroganoff w/ Pasta			Homemade BBQ Pork w/ Rice			Tori Karaage w/ Cross Trax Fries		
	165	6	8	199	8	9	183	9	10	140	8	5	269	10	15
Meal B	Tomato & Beef Casserole w/ Pasta			Stir-fried Beef w/ Bell Pepper & Leek in Black Bean Sauce, Rice			Braised Chicken & King Oyster Mushroom in Oyster Sauce w/ Rice			Baked Fish Florentine w/ Pasta			Braised Beef Brisket w/ Radish, Rice		
	129	9	4	110	5	4	149	11	5	152	12	5	124	10	5
Meal C	(Vegan) Braised White Gourd w/ Tofu Puff & Black Fungus, Rice			(Vegan) Aloo Gobi w/ Rice OR Pita Bread			(Vegan) Stir-fried String Bean & Dried Tofu w/ Rice			(Vegan) Omni-Meat Mapo Tofu w/ Rice			(V) Aubergine Arrabbiata Pasta		
	118	4	6	156	3	10	120	6	4	150	5	5	145	5	5
Bowl	BBQ Pork Fried Rice			Japanese Red Miso Soup U-don w/ Chicken Steak			Tteok Bokki			Shanghainese Soup Noodle w/ Chicken			Taiwanese Braised Minced Pork & Boiled Egg w/ Rice		
	179	9	10	128	12	2	188	5	9	128	11	5	144	7	7
Salad Box	Smoked Salmon Caesar			Roasted Chicken Nicoise			(V) Potato & Apple Salad w/ Thousand Island Dressing			Thai Beef Salad in Sweet & Chili Sauce			(V) Japanese Cold U-don in Sesame Dressing		
	171	9	12	106	6	3	197	2	9	110	5	5	165	10	5



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